

# PGMEAC Site Update: Ontario Shores Centre for Mental Health Sciences

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**Ontario Shores**  
Centre for Mental Health Sciences







## **Ontario Shores Centre for Mental Health Sciences**

Situated on the beautiful lakeshore in Whitby, Ontario Shores Centre for Mental Health Sciences (Ontario Shores) is a prominent tertiary psychiatric hospital. We offer a comprehensive range of specialized assessment and treatment services for individuals living with complex and severe mental illnesses.

Our facility, set on an expansive and picturesque lot, is renowned for its innovative architectural design. Conveniently located just south of Highway 401, we are approximately a 40-minute drive from downtown Toronto and easily accessible via local public transit from the nearby GO Station.

# Medical Education at OS



Ontario Shores  
Centre for Mental Health Sciences

- Complex General Psychiatry
- Child and Adolescents
- Forensics
- Geriatrics
- Dual Diagnosis
- Eating Disorders
- Brain Stimulation
- Integrated Health Services



# Medical Education at OS



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## **Continuous improvement**

Ontario Shores continually strives to reach high satisfaction numbers from students through providing them meaningful experiences

## **Individualized learner support**

Each learner will be provided an in-depth orientation when onboarded and provided with a badge, personal safety alert, laptop, and access to WiFi, clinical library tools, and IT services

## **Amenities**

Students are able to receive free on-site parking, access to the gym, access to the medical-specific lounge, use of the cafeteria, and are able to wear plain clothes vs. scrubs (business casual) during their rotation

Medical Education Learners	2023/2024	2024/2025	% Change
Medical Students	65	68	+4.6
Residents	7	10	+42.8
UofT	13	20	+53.8

OS currently has **9** active affiliation agreements with medical schools across Canada and the Caribbean, with **1** of those being new within 2025.



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Ontario Shores proudly offers International Fellowship Opportunities for clinicians and researchers seeking advanced training in specialized areas of mental health







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