# POSTGRADUATE MEDICAL EDUCATION ADVISORY COMMITTEE Minutes of Friday, December 18, 2015

- C. Abrahams (PGME)
- A. Atkinson (Core Peds)
- G. Bandiera (Assoc. Dean) (via t/c) J. Goguen (Med Sub-Spec)
- M. Bechard (PARO)
- P. Campisi (Otolaryngology)
- K. Dong (PARO) K. Eadie (PGME)

S. Edwards (PGME) via t/c

S. Glover Takahashi (PGME)

R. Hawa (UG Clerkship)

- K. Iglar (Family Med.)
- J. James (Mt. Sinai VP Educ.)
- A. Liu (PARO)
- A. LIU (FARO)

H. McDonald-Blumer (Core Med)

M. Morris (PGME)

- L. Muharuma (PGME)
- B. Pakes (PHPM)
- L. Probyn (PGME) via t/c
- S. Sade (Lab Med) via t/c
- S. Spadafora (VD Post MD Educ)

#### **Regrets:**

L. Bahrey (Anesthesia), E. Bartlett (Diagnostic Radiology), S. Bernstein (UG Clerkship), L. Fechtig (Edu), M. Fefergrad (Psychiatry), A. Freeland (Associate Dean), J. Kirsh (CPSO), R. Levine (Surgery),

- M. Felergrad (Psychiatry), A. Freeland (Associate Dean), J. Kirsh (CPSO), R. Levine (Surgery),
- J. Lloyd (Ophthalmology); J. Maggi (St. Mikes, PG Dir.), B.A. Millar (Rad Onc), N. Rosenblum (CIP),
- J. Rosenfield (UG Vice Dean), R. Schneider (Peds Sub-Spec), D. Steele (ObGyn)

## AGENDA/MINUTES

- **1.** a) Agenda approved as circulated.
  - b) Minutes of November 27, 2015 meeting approved as circulated.

## **REGULAR UPDATES & FOLLOW-UP**

#### 2. Follow-up from previous meetings

#### a) Availability of Wellness Resources (S. Edwards)

S. Edwards reported that the Wellness' Office mandate is to deliver workshops that develop skills and resilience to optimize professional performance and personal well-being. There were approximately 750 visits by residents this year which means residents are using the services.

#### There are online resources accessible on the PGME website at

http://pgme.utoronto.ca/content/resident-wellness and plans for faculty development workshops in Spring 2016. Between April and June, wellness offerings for the next season are established and shared with Program Directors/Administrators who can book for their residents. Sessions are offered by the staff or contracted with other agencies/resources such as Program Directors and Program Administrators so they can book sessions. Topics/content includes session such as Enhancing Resident Resilience, Fatigue Management, Mindfulness, Teamwork, Managing Change, Exam Preparation, Time Management, Grief, and Yoga. For Jan-June 2016 however, there is limited availability remaining in the sessions, except yoga. S. Edwards asked programs to contact Diana Nuss in her office for triage at <u>diana.nuss@utoronto.ca</u> or 416-946-3074. For coaching services, referrals should go through Education & Research, Sue Glover Takahashi's group at pglearner@utoronto.ca

A Wellness subcommittee meets four times/year to advise on how programs can provide their own supports and resources to residents and enhance the existing resources offered. G. Bandiera indicated that a notice will go out to Program Directors with an updated list of wellness resources.

#### b) Rotation Changeover Dates (13 block)

As requested at the previous meeting, the PGME office distributed the changeover dates for 2016-17 to programs and administrators via email. Dates and holiday blocks as listed below.

Block	Start Date	End Date
1	Friday, July 1, 2016	Sunday, July 24, 2016
2	Monday, July 25, 2016	Sunday, August 21, 2016
3	Monday, August 22, 2016	Sunday, September 18, 2016
4	Monday, September 19, 2016	Sunday, October 16, 2016
5	Monday, October 17, 2016	Sunday, November 13, 2016
6	Monday, November 14, 2016	Sunday, December 11, 2016
7	Monday, December 12, 2016	Sunday, January 8, 2017
8	Monday, January 09, 2017	Sunday, February 5, 2017
9	Monday, February 6, 2017	Sunday, March 5, 2017
10	Monday, March 6, 2017	Sunday, April 2, 2017
11	Monday, April 3, 2017	Sunday, April 30, 2017
12	Monday, May 1, 2017	Sunday, May 28, 2017
13	Monday, May 29, 2017	Thursday, June 30, 2017

## Holiday Blocks:

Christmas block:	December 23 – 27, 2016 <mark>(5 days)</mark>
Changeover day:	December 28, 2016
New Year's block:	December 29, 2016 – Jan 2, 2017 <mark>(5 days)</mark>

## 3. Updates from COFM, HUEC (G. Bandiera)

#### IMGs to Acquire Canadian Exposure; Practice Ready Assessments

The Ministry of Health met advised that a Ministry-funded pilot program for international IMGs is being considered – a response to one of the Thomson Report recommendations. It would focus on societal/cultural issues in the clinical context to allow this cohort of iIMGs to get exposure to the Canadian healthcare system and thereby level the playing field in competing for access to training positions. This dovetails with the Touchstone Canadian Primer. The schools are reviewing the program content and will provide the Ministry with comments and will also try to get more information on whether the proposed cut of 25 IMG positions will occur in 2017-18. **Practice-ready Assessments:** The Ministry is also considering re-constituting a Practice Ready Assessment (PRA) program, possibly only for Family Medicine.

#### **FMEC Career Advice document**

Following the FMEC Implementation, work began in 2013 on the development of a national approach/curriculum for medical student career counseling. A Working Group with faculty, OMSA and PARO representatives drafted a document and obtained input from the AFMC Student Affairs Committee members. The final document -- <u>Medical Student Career Advising: National</u> <u>Recommendations</u> -- will be sent to the AFMC Student Affairs List Serve, and to the Undergraduate and Student Affairs Deans.

#### **Ontario Medical Students Association – HHR Planning**

The OMSA indicated they would like to participate in the allocation of CaRMS intake positions. COFM agreed to share information in an aggregate form earlier and provide 10 years of data.

#### 4. Resident Update – PARO (M. Bechard)

M. Bechard reported that the attendance at the PARO holiday dinner was approximately 120 residents.

It was suggested that a lieu day be provided to residents who attend an orientation prior to July 1st. There was some discussion on this topic regarding the resource-intensive nature of hospital orientations, mandatory vs voluntary attendance, information alternatives to those who cannot attend, and program-specific vs hospital-based orientation, and liability issues, and whether several orientations were needed at the start of each new rotation at a new hospital during the first year. UofT has recently agreed on establishing a common hospital orientation day (July 4th for 2016-17) but this may differ from administrative on-boarding from some sites. It was suggested that PARO raise the issue for all 6 schools and bring it forward for discussion at the provincial PGE COFM committee for consideration.

## Change in Rotation Changeover start date to Tuesday

M. Bechard indicated that PARO has received some comments regarding moving the rotation start date to Tuesday (from Monday) but hopes to provide more fulsome feedback at the February meeting.

## 5. Internal Review Committee Update (L. Probyn)

Medicine internal reviews begin. September 2016 will see the start of follow-up reviews for some programs. In September 2017, preparations for the 2019 Accreditation will begin. L. Probyn reported we are almost half-way through the accreditation cycle. In January 2016, Family

## 6. Competency Based Education (CBE) (L. Probyn)

In November, the first CBE PGME newsletter was circulated. As more information becomes available more newsletters will be created providing updates on the process and "myth busting" items. These newsletters will be available on the PGME website and distributed electronically to Program Directors and Chairs who will be encouraged to distribute them widely. Members were asked to pass along ideas or information for future publications to Susan Glover Takahashi.

**Delay Communicated Regarding First CBE Cohort:** The Royal College received feedback from medical schools regarding concerns in meeting the CBE implementation timeline re technical aspects and resources and the RCPSC has now announced a pause and delay in the CBE roll-out.

At the Conjoint meeting with Royal College in November, the concerns regarding the evaluation and assessment model were discussed. It was identified that the approach lacked innovation, creativity, and flexibility. As a result, the original concept of schools submitting assessment data to the College in the portfolio model is being re-examined. Working groups will be established to re-examine ways to match process with objectives. Thanks to UofT's PGME team who voiced these concerns in writing.

## 7. Policy/Guidelines

#### a) Guidelines for Addressing Intimidation, Harassment and Other Kinds of Unprofessional or Disruptive Behaviour in Post Graduate Medical Education, October 2012

G. Bandiera asked members to review the document and submit comments/edits to be discussed at the February meeting. He highlighted the item at the beginning of the process where the learner can have an informal discussion regarding moving forward with the complaint. A form is available but other methods of communication may be used.

L. Muharuma – bringing this up for review.

#### b) Procedure for a Medical Student to Register a Complaint against a Resident, May 1998

L. Muharuma noted that this protocol may be retired as there are now other resolution procedures in UGME re resident-student conflict which may supersede the process outlined in this 1998 document. She will confer with UGME and report at the February meeting.

The meeting adjourned at 2:20 pm.