

# Postgraduate Wellness Office – Update for PGMEAC

Dr. Julie Maggi

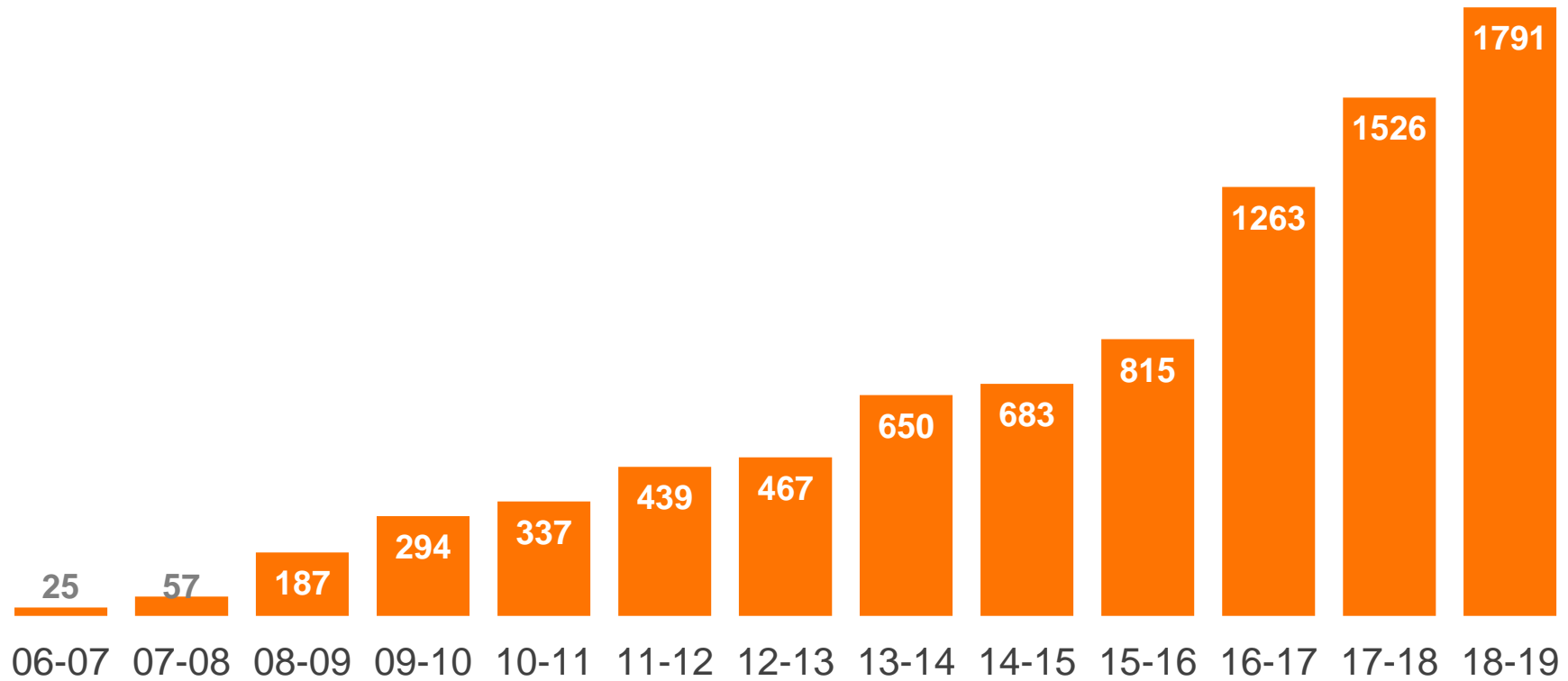
Dr. Heather Flett



Post MD Education  
UNIVERSITY OF TORONTO

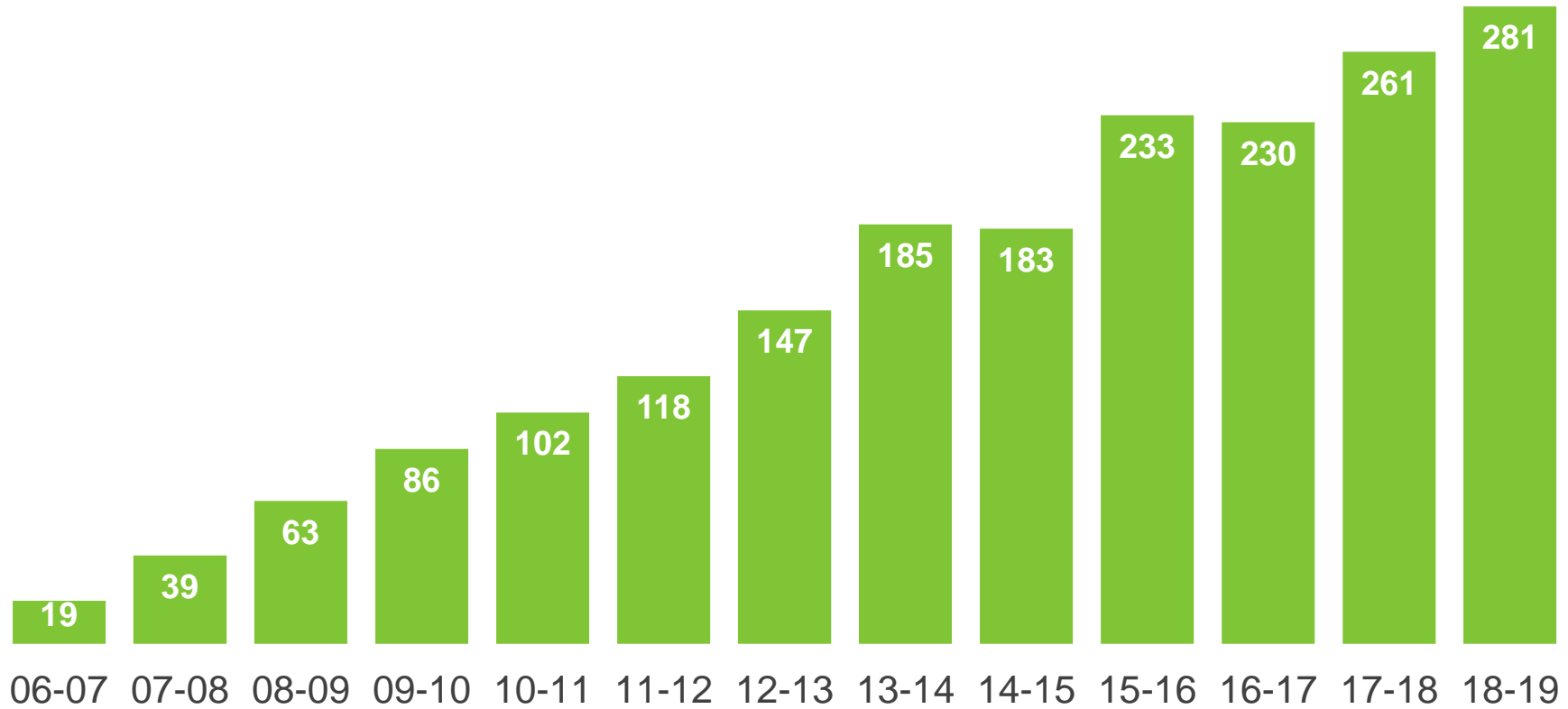


# Number of Visits per Year (count)



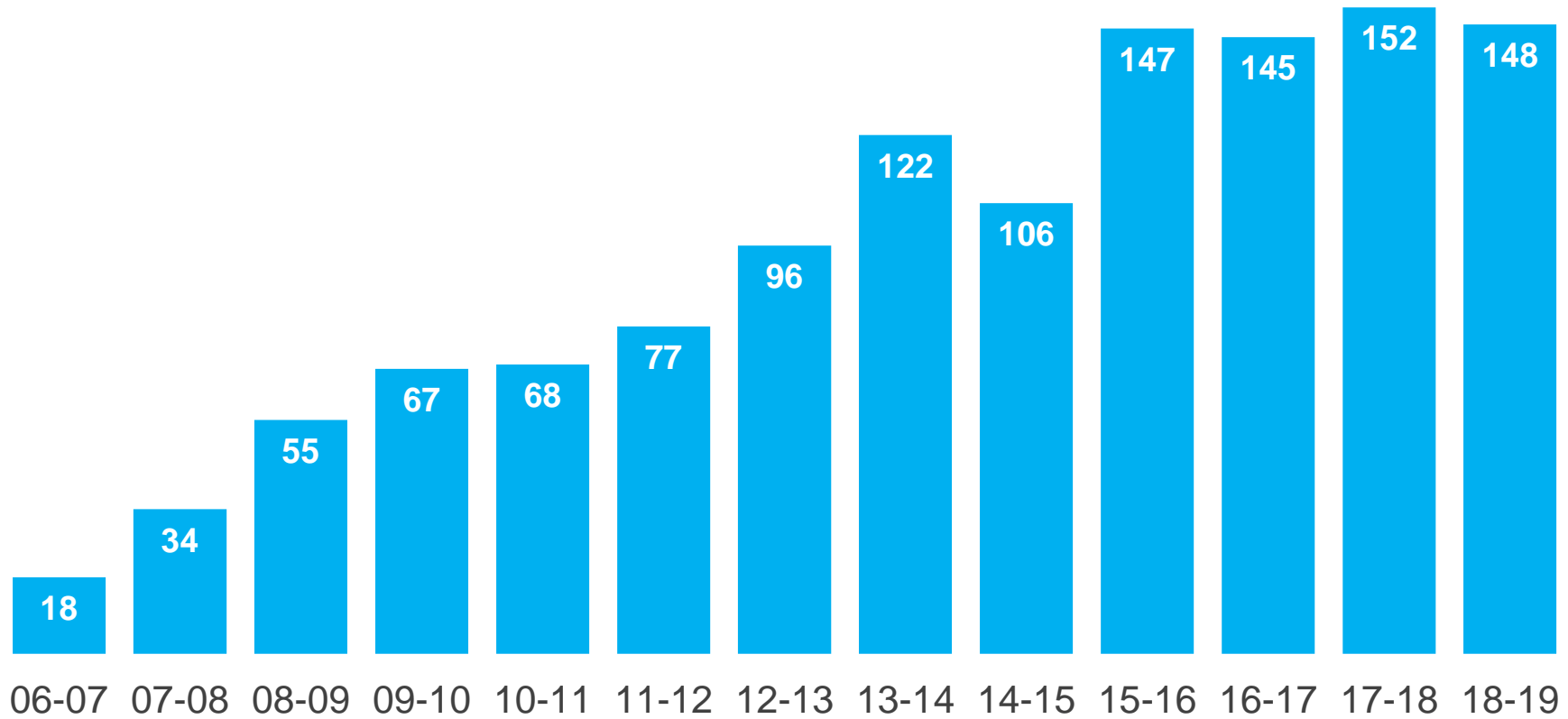
06-07 07-08 08-09 09-10 10-11 11-12 12-13 13-14 14-15 15-16 16-17 17-18 18-19

# Number of Trainees per Year (count)



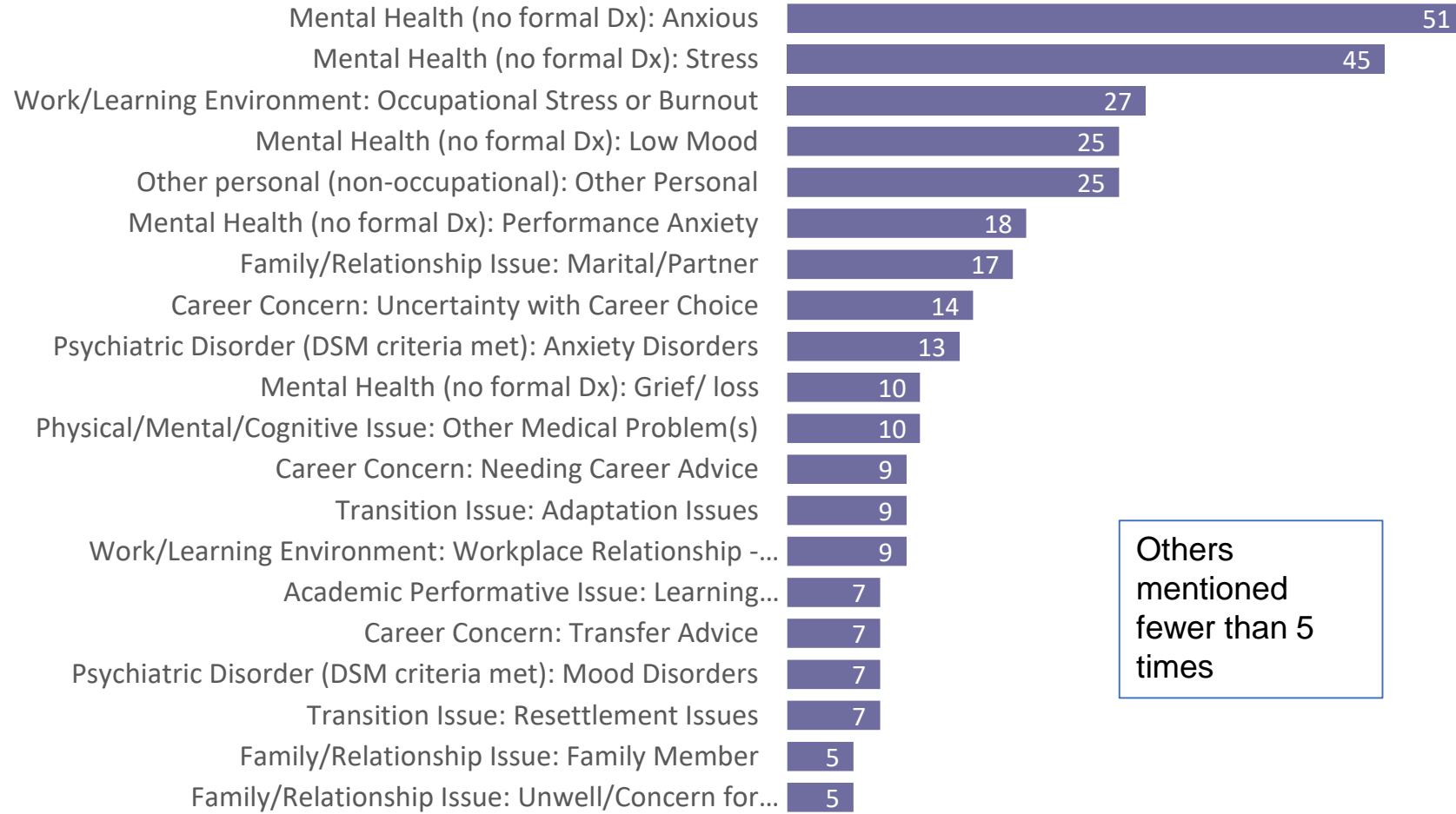
06-07 07-08 08-09 09-10 10-11 11-12 12-13 13-14 14-15 15-16 16-17 17-18 18-19

# Number of New Clients per Year (count)



06-07 07-08 08-09 09-10 10-11 11-12 12-13 13-14 14-15 15-16 16-17 17-18 18-19

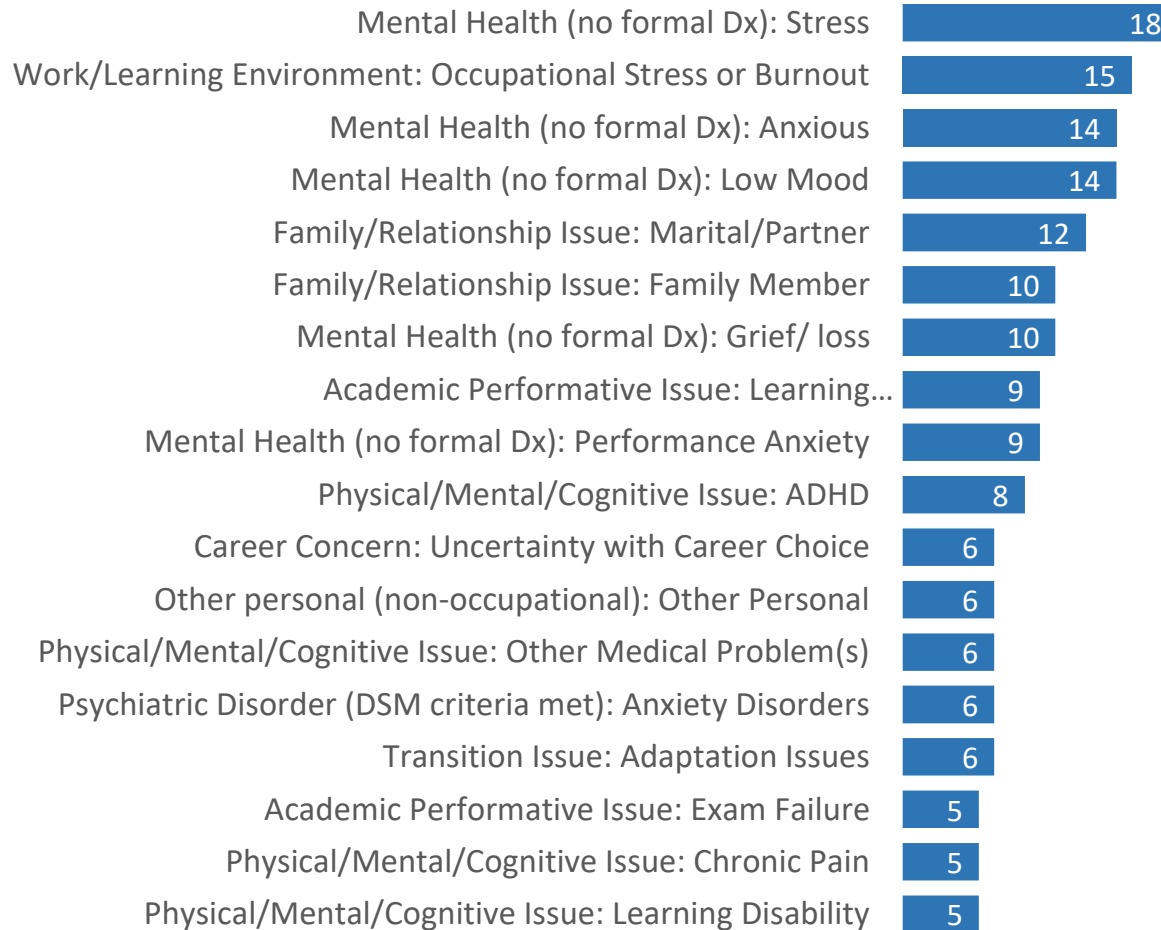
# Primary Reason for Presentation at First Visit for New Clients (count)



Others mentioned fewer than 5 times



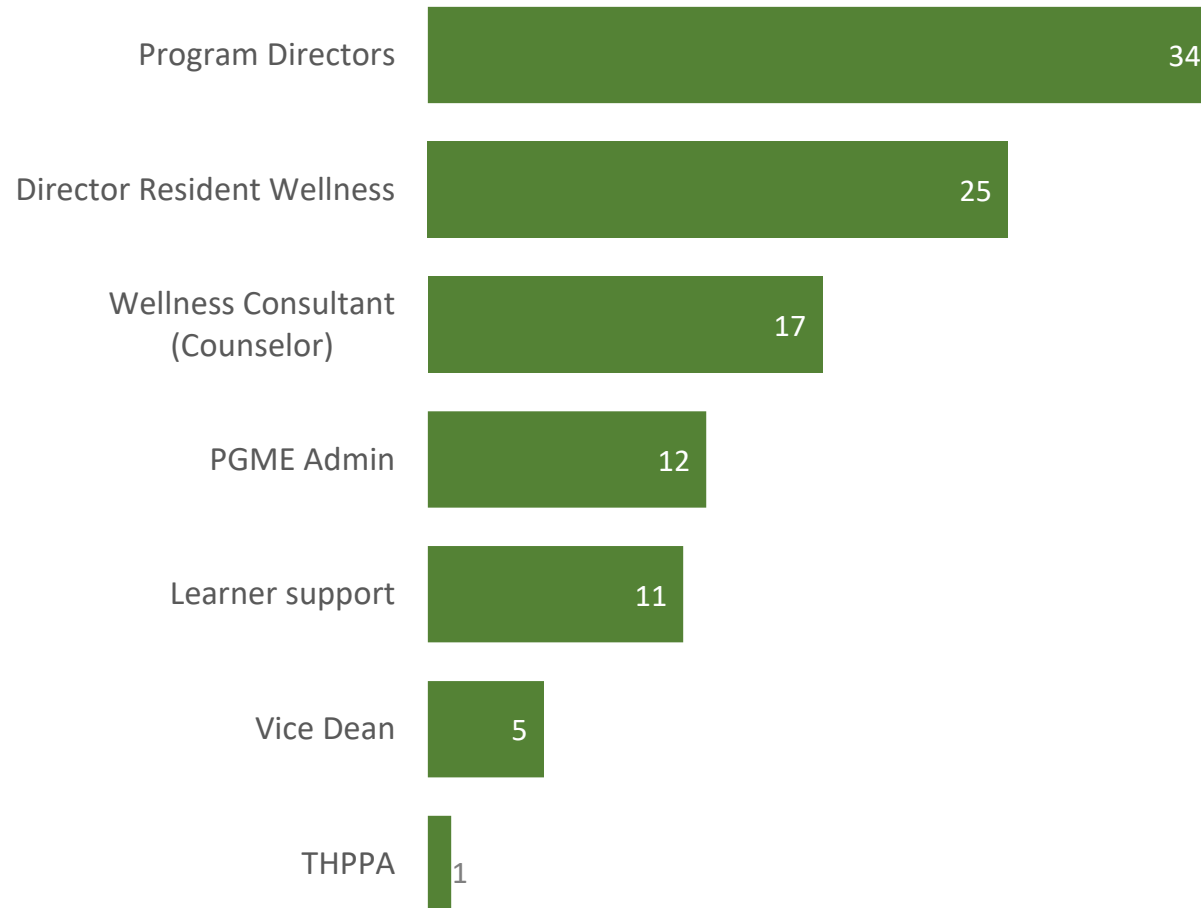
# Other Reasons for Presentation at First Visit for New Clients (count)



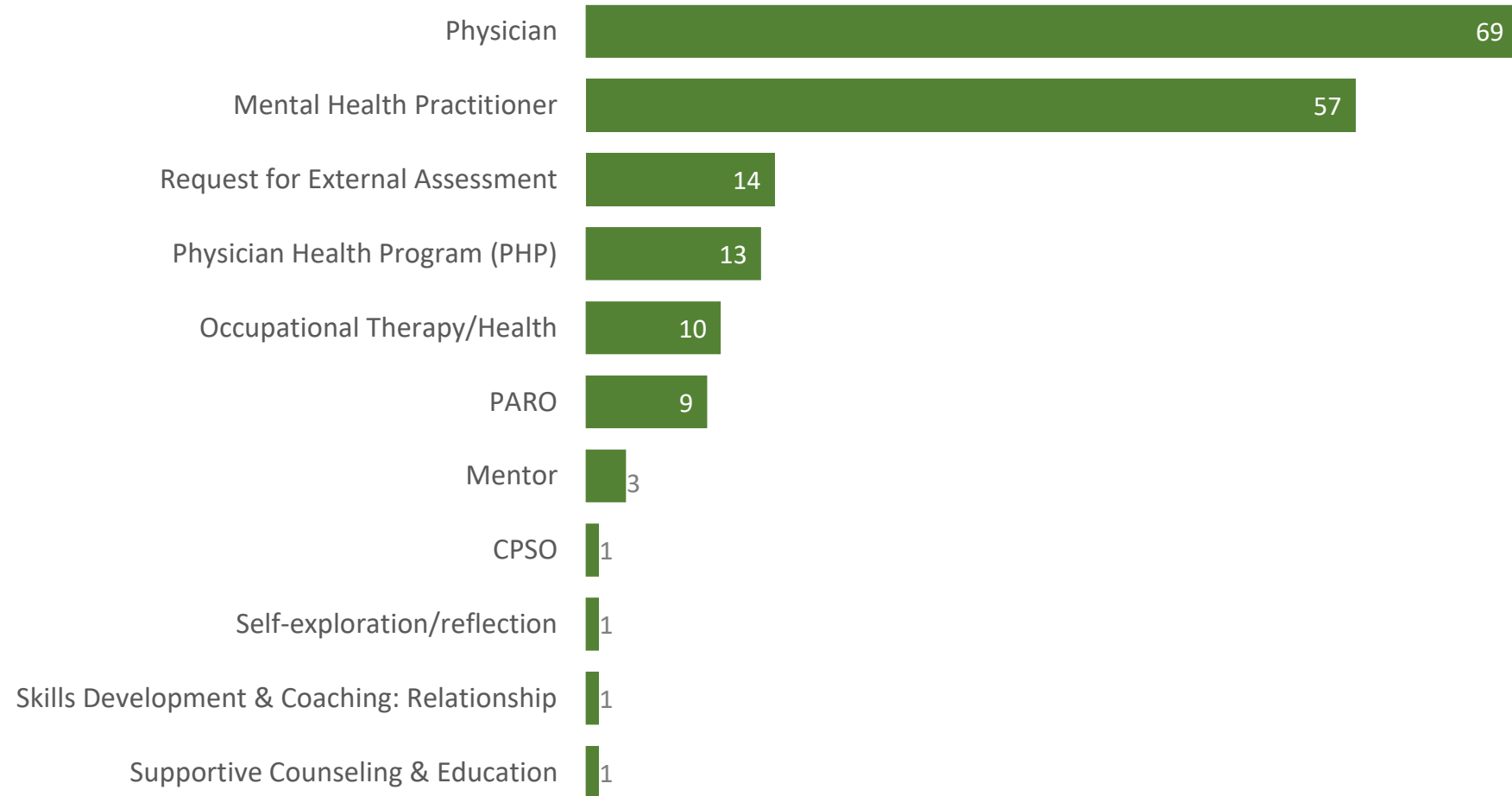
Others  
mentioned  
fewer than 5  
times



# Internal Referrals 2018-19 (count)



# External Referrals 2018-19 (count)





# Active Projects

- Full staffing – 2 counsellors, 2 directors
- Balint groups – includes research component
- Parenting in training – research project
- Docs for Docs – date from VOTR and next steps
- Guidelines – wellness, accommodation
- Close liaison/leadership in FOM Optimizing the Learning Environment and Faculty Wellness task forces



# Postgraduate Wellness Office

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