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## Briefing Note

Date: Dec 13 2024  
To: All PGME Program Directors  
From: Dr. Nirit Bernhard, Faculty Lead MD and PGME Portfolio  
Re: Postgrad Portfolio (PGPORT)  
Purpose: For information and discussion

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**Current:** Delivering high quality meaningful curricular content on the intrinsic CanMeds roles in a way that highlights the value of humanism in medicine is challenging given the realities of CBME where medical expertise and technical skills may be valued over the intrinsic roles.

**Background:** Postgraduate Portfolio (PGPORT) encourages dialogues in Medicine by fostering the development of reflective practitioners through an innovative, adaptive curriculum tailored to your post-graduate medical training. It comprises of regular group-based meetings and various topics that have been curated through consultation with medical educators, program directors across various health care professions and interdisciplinary trainees. It includes topics such as patient safety, shame in medicine, racism, power and the hidden curriculum, wellbeing and resilience, grief and loss and humility and uncertainty.

**Process:** The program has undergone rigorous curriculum development, faculty training, pilot implementation and evaluation of the pilot group.

**Evaluation:** Analysis from our pilot shows important themes emerging including the value of creating confidential safe spaces dissociated from formal assessment, learning through diverse perspectives, constructive reflection and self-awareness and the value of integration within existing protected learning times.

**Next Steps:** Scaling and integration; refining the program based on evaluation findings, specific program needs and expanding its implementation across programs. Please reach out to PGPORT Faculty Lead, Nirit at [nirit.bernhard@utoronto.ca](mailto:nirit.bernhard@utoronto.ca) for additional information on how this can be integrated into your program.