Site-Specific Healthy Food Options and WIFI Access Quick Reference Sheet

For information on [Safe Ride Home](https://pgme.utoronto.ca/safe-ride-home-pilot-project-jan-2025-dec-2025)

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| **Site** | **Wi-Fi Network & Login** | **Wi-Fi Support** | **Healthy Food Options Onsite Overnight and on Weekends** | **Food Delivery Drop Off Location** | **Lactation Room** | **Multifaith Prayer Room** | **Gender Neutral Washrooms Location(s)** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Baycrest | Learner Wi-Fi:  Baycrest Wifi    Login and password same as hospital IT system login and password. | IT support is available via e-mail at [helpdesk@baycrest.org](mailto:helpdesk@baycrest.org) or by phone at 416-785-2500 ext. 4357 | 24/7 Options:  Not applicable. (there is no overnight on-call work at Baycrest)  Other Options:  W.A Café (in the Apotex building) Open Daily.   * Monday – Thursday from 8AM – 4PM * Friday from 8AM – 3PM * Saturday from 8AM – 4 PM * Sunday from 10AM – 4 PM | Communications desk on ground floor of hospital | Can be arranged within each individual department | Multifaith Prayer Room located in the Silverman Garden Court on the 1st floor of the hospital building, room 1A27. | First floor kimel building; First floor apotex building |
| Bridgepoint Health | Learner Wi-Fi:  SHS-B-LEARNER    Login and password same as hospital network login and password. | IT Support is available via extension 5000 or at [Helpdesk.HBH@sinaihealth.ca](mailto:Helpdesk.HBH@sinaihealth.ca)    Support is available in from 9-5, Monday – Friday with limited additional support at x5000 after hours and on weekends. | 24/7 Options:  Not applicable (there is no overnight on-call work at HBH).  Other Options:   * Tim Hortons (Open Daily: 0630 - 1630) | Security desk at the Ground Floor Ambulatory Care Entrance | Physician Resource Room (G.113) | Sacred Space: 5th floor next to the elevators |  |
| Centre for Addictions and Mental Health | **Personal Devices:** To access WiFi for staff personal devices such as phones, tablets, laptops and research devices, select **StaffDevices** WiFi:   * On your personal device, connect to **StaffDevices** * Enter the password when prompted   No guest account or sponsorship is required. The pre-shared key will be updated every six months for security. | [helpdesk@camh.ca](mailto:helpdesk@camh.ca)  4165358501 ext 6011. | 24/7 Options  None.  Other Options:  No food vendors open onsite – delivery would be used if needed. | Security desk on ground floor on 1051 Queen St west, across from the Bridging Clinic. | **Temporary Locations and Times until Mid-Late 2025**  **Queen Street Site:**  **Health, Safety, and Wellness Office**  **100 Stokes, room 5350**  **Monday to Friday, 8:00am to 4:00pm**  Contact [health.andsafety@camh.ca](mailto:health.andsafety@camh.ca) or walk-in during staffed hours to inquire about room availability.    **College Street Site:**  **Wellness Centre Therapeutic Room**  **250 College, ground floor**  **Monday to Friday**  Contact [wellness@camh.ca](mailto:wellness@camh.ca) to inquire about room availability/times.  \*We are working on additional off hours spaces outside of call rooms for now while we continue to work on this. | 2nd Floor, 100 Stokes St. | Located throughout CAMH |
| Holland Bloorview | Staff WIFI: **Bmcc.local**    Individualized password setup by IS | IT Helpdesk  Via telephone extension 3802 or [helpdesk@hollandbloorview.ca](mailto:helpdesk@hollandbloorview.ca) | 24/7 Options:  Not applicable. There is no in-house call for any trainees.  Other Options:  Cafeteria is open during the day and provides healthy options. | No designated drop off location available. Pick up at main reception (ground floor, main entry doors). | * Room in occupational health * Private office/room with lock and privacy | Multifaith prayer room on the 3rd floor next to the main bank of elevators. | Yes but location(s) not specified |
| Humber River Hospital | WiFi Network:  HRH-ALT  Learners will be sent an email from [HelpDesk@hrh.ca](mailto:HelpDesk@hrh.ca) with their login credentials for wifi access. Learners can also visit the I.T office to set up an additional device. | Helpdesk ([HelpDesk@hrh.ca](mailto:HelpDesk@hrh.ca) / ext. 37611 / in-person visit);  Stephanie Chandrakumar ([schandrakumar@hrh.ca](mailto:schandrakumar@hrh.ca)) | 24/7 Options:   * Tim Hortons     Other Options:   * Cultures (open until 8:30pm) * Paramount (open until 8:30pm) | No designated drop off location available. Medical Learners can order food to be picked up at the volunteer desk, level 1 south side. | Level 1 near volunteer desk;    Level 4, outpatient Pediatrics. | Level 1, Spiritual Centre | Located on clinical floors and within Medical Staff Facilities |
| Lakeridge Health | Staff Network:  LH-WIFI  Login and password same as hospital IT system login and password. | IT Service Desk  <https://servicedeskhub.lh.ca/>  905-576-8711 ext.34357 | 24/7 Options:   * Tim Hortons * Fresh foods (sandwiches, salads, fruit, etc.) in coolers in the food court 24/7.     Other Options:   * Subway (open until 7:00pm) | No designated drop off location available.  Table in foyer. Trainee would be required to meet the delivery person or pick the food up from the unsupervised table. | 3rd floor, Paediatrics | 2nd floor Sacred Space |  |
| Markham Stoufville Hospital | Staff Network:  MSH STAFF  Login and PW same as hospital IT login | IT support via locating | 24/7 Options:   * Tim Horton’s (kiosk next to ED) * Vending Machines   Other Options:   * Druxy’s * Tim Horton’s (main entrance) | Security desk; Emergency Entrance | * Physician lounge * 24/7 callrooms and fridge * breastfeeding room in clinic 2 (patients there from 9 -5 MWF and 9-6 TTS) | Building A level 2 |  |
| North York General Hospital | Staff Wi-Fi:  NYGH\_Staff  Login and password same as hospital IT system login and password. | Centre for Education Team  IS Help Desk (either in-person; or by phone/email)  416-756-6000 X 6074  [helpdesk@nygh.on.ca](mailto:helpdesk@nygh.on.ca) | 24/7 Options:  • Tim Hortons (Located on the 1st floor across from Day Surgery Reception desk.)  • Fruit cups, prepackaged sandwiches and salads can also be purchased at this location in the cooler.  Other Options:  • On the Go (Monday to Friday 7:30 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)  • Tim Hortons (Monday to Friday 7:30 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)  • Lunch from the Culinary Table (Monday to Friday 11 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)  • Subway (Located right across from the Main Café. Monday to Friday 10:30 a.m. to 8 p.m. Saturday to Sunday 10:30 a.m. to 6 p.m. Closed at 6pm December 25th, 26th and January 1st)   * Starbucks (Located in the Torokvei Atrium (main lobby) Monday to Friday 6:30 a.m. to 9 p.m. Saturdays 9 a.m. to 5 p.m.  Sunday 9 a.m. to 5 p.m. Closed at 5pm December 25th, 6th & January 1st) | Information desk at main entrance. | 2S in the Newborn follow-up clinic | Hospital Chapel ground floor across from outpatient pharmacy. | In call rooms and throughout the hospital |
| Ontario Shores Centre for Mental Health Sciences | Use **OSGuest** WIFI and create a unique account. | [helpdesk@ontarioshores.ca](mailto:helpdesk@ontarioshores.ca)  **Helpdesk** Phone: 6203 Location: Building 5-Level 1 | 24/7 Options:  Not applicable. No learners are on site after hours or on weekends.  Other Options:   * Lakeview [Cafeteria](https://www.ontarioshores.ca/planning-visit), Building 5, Level 1; Monday to Friday 8:00 a.m. to 3:30 p.m.; Hot Selections available 11:00 a.m. to 1:30 p.m.; Closed Saturday, Sunday and Statutory Holidays | No designated drop-off location available. Pick up deliveries in main lobby. | Please contact Kerrie Naylor: [naylork@ontarioshores.ca](mailto:naylork@ontarioshores.ca) | Multifaith Chapel Building 5, Level 2 (near main entrance) |  |
| Michael Garron Hospital | Staff Wi-Fi:  MGH\_Staff    Login with MGH username and password. | IT Support is available at IT Help Desk  Ext. 2000 or [HelpDesk@TEHN.ca](mailto:HelpDesk@TEHN.ca);    After hours HelpDesk support available by calling Locating x6333 and asking for the IT staff member on call to be contacted. | There are no overnight options currently available at MGH due to the redevelopment. New vendors are being added during the 2023-24 year.   * Coffee/Tea provided in the Resident Lounge 24/7.   Late night vendors include:   * Subway 8am – midnight) | Emergency Room Security Desk is available for 24 hr food drop off accessible to all residents 24/7. | Level 1 – Thomson Tower (Infant Feeding + Play Area) | Level 1 of M-Podium (opposite the Auditorium) | In the call room area, in the med ed area, and numerous places around the hospital. |
| Mount Sinai Hospital | Learners are provided with access to WiFi **(SHS-M-Learner).**  Network ID and password will be required to log into the WiFi. | **Help Desk**  **Phone:** 416-586-4800 ext. 4357  [Helpdesk.MSH@sinaihealth.ca](mailto:Helpdesk.MSH@sinaihealth.ca) | 24/7 Options:  TBD  Other Options:   * Thai Express (Mon-Fri 11:00 a.m. to 3:00 p.m.) * UNaru Sushi (Mon-Fri 8:00 a.m. to 6:30 p.m.; Sat & Sun 8:00 a.m. to 3:00 p.m.) * Bar Burrito (Mon-Fri 10:30 a.m. to 6:00 p.m.; Sat & Sun 10:30a.m. to 3:00 p.m.) * Aroma (Mon-Fri 6:30 a.m. to 7:30 p.m.; Sat & Sun 8:00 a.m. to 3:00 p.m.) * MeVaMe (Mon-Fri 11:00 a.m. to 8:00 p.m.; Sat & Sun 12:00 a.m. to 6:00 p.m.) * Second Cup (Mon-Sun 6:00am to  9:00 p.m.) | No designated drop-off location available. | PNAC 17th floor.  Please refer to confirmation of registration email from NirvSystem. | Multifaith Prayer Room, 4th Floor | Gender neutral washrooms are available on most floors where washrooms are single use. |
| Royal Victoria Regional Health Centre | **Physician WIFI** is password -protected – visit the IT service desk (basement of the Rotary building) for direct access on their phones.  Guest RVH network can be joined automatically. | 1) ITS team is available via extension 45000  2) In-person ITS service available in the basement of the Rotary building | 24/7 Options:  After 11:00pm, staff, physicians and residents utilize delivery services (Uber Eats, Skip the Dishes, etc.)  Other Options:   * Subway (open until 9pm) * Tim Horton’s (open until 11pm) * Gino’s Pizza (more options than just pizza incl. of salads; open until 8pm) | 1. Flagpole entrance\* 2. Contractor’s entrance   \* This is a secure entrance | Private room access can be provided by contacting [medicaleducation@rvh.on.ca](mailto:medicaleducation@rvh.on.ca) or Andrew Broeren, 41330 | 1st floor Spiritual Care by Fracture Clinic | Main building and Rotary building, multiple locations. |
| Scarborough Health Network – Birchmount | Staff Wi-Fi:  SHN    Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:   * KitchenMate Hot Meals   Other Options:   * Tim Hortons, 7 am to 7 pm | Information desk at front entrance. | Lactation rooms are available for all staff including learners:   * Birchmount, 1st Floor MD Lounge (Physicians only) | Yes, main floor near Tim Hortons. |  |
| Scarborough Health Network – Centenary | Staff Wi-Fi:  SHN    Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:   * Subway   Other Options:   * Tim Hortons, daily, 5 am to 11 pm * Sahebi Italian Foods, Sun-Fri 9:30am to 9:30pm, Closed Saturday * Taste of the Mediterranean, Sun-Fri, 10am to 9pm * La Prep 7am – 7pm, Closed Sat & Sun | Information desk at front entrance. | Lactation rooms are available for all staff including learners:   * Centenary 2nd Flor FBC NICU space Physician spaces which Residents also have access to have is available | Yes, main floor, Margaret Birch wing near OR. |  |
| Scarborough Health Network – General | Staff Wi-Fi:  SHN    Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:   * Vending machines near Emerg Dept on ground fl. * KitchenMate Hot Meals * Pizza Forno   Other Options:   * Tim Hortons, Mon- Fri 6am – 8:30 Sat-Sun 7am to 8pm * Cafeteria, Mon-Fri, 7am – 2pm * Closed Sat & Sun | Information desk at front entrance. | Lactation rooms are available for all staff including learners:   * 1st floor Crockford Wing * Ground Floor MD Lounge (Physicians only)   Additionally at the General site, FM resident lounge on tower 10 that has a fridge available and call rooms that can be used as lactation room in a space that is only for residents. | Yes, main floor near patient registration. |  |
| SickKids | Staff Wi-Fi: KidZone  Windows name and password are used to login to KidZone. | IT support is provided through the service desk who can be reached at extension 206722 or [service.desk@sickkids.ca](mailto:service.desk@sickkids.ca)  Hours of operation: 24x7  In-person support available at room 1225A (1st floor, black wing). Office open 7am-5pm. | 24/7 Options:   * Vending Machine with Hot and Cold Prepared Meals (1st Floor, Atrium near the Terrace Café entrance) * Vending Machine with Cold Drinks and Snacks (1st Floor, Black Wing Food Court) * Complimentary food/snacks are available in the resident lounge/call room area free of charge to all trainees.   Other Options:   * Terrace Café (M-F 7am-7pm; S&S 9am-4pm) * Starbucks (5:30am-11:30pm daily) * Tim Hortons (M-F 6am-10pm; S&S 6am-6pm) * U-naru Sushi (M-F 8am-8pm) * Jugo Juice (M-Th 8am-6pm; F 8am-5pm) * Subway (M-F 10:30am-11pm; S&S 11am-11pm) * Soup It Up (M-F 7:30am-7:30pm) * Jimmy the Greek (M-F 10:30am-7pm; Sat 10:30am-6:30pm) | No designated drop-off location available.  Food deliveries can be received at the Elizabeth St entrance in the Atrium. Staff/learners must meet the delivery person. | Breastfeeding Pumping/Feeding Rooms are located across from the Black Wing elevators on the Main Floor Rm. M464 and in the Atrium on the 7th Floor Rm. 7732. | * Meditation & Contemplation Room - Second Floor, Room 2713, Atrium * Chapel - First Floor, Room 1731, Atrium * Muslim Prayer Room, First Floor, Room 1730, Atrium |  |
| SickKids Centre for Community Health | Wi-Fi name: HDC-Guest  Password: guestwireless. | IT support available at 416-924-1164 ext. 8720  ICT Technical Support Request [ccmhservice.desk@sickkids.ca](mailto:ccmhservice.desk@sickkids.ca) | 24/7 Options:  Not applicable.  Other Options:  None on-site, but various neighbourhood options nearby. | No designated drop-off location available. | Not available. | Not available. |  |
| Southlake Regional Health Centre | Staff WIFI    Login and password same as hospital IT system login and password  S-BYOD (new) | Medical Education Associate  IT service desk  905-895-4521 x 2246 | 24/7 Options:   * On the Go Café featuring Tim Hortons (first floor hospital   Other Options:   * Hospital Cafeteria (Monday – Friday, 8:30am-1:30pm) * Subway (Monday — Friday, 6:30 a.m. – 11:30 p.m. Saturday & Sunday, 8:00 a.m. – 11:30 p.m.) * Carvery & Bakery (Monday to Friday, 8:00 a.m. – 3:00 p.m.; Saturdays, 10:00 a.m. – 4 p.m.) | The clerk desk/reception area | Accommodations when requested to locate an appropriate location/room | Second Floor by Central Elevators |  |
| Sunnybrook Health Sciences Centre | Staff WiFi: **SB\_Data**  To login, learners can use their Sunnybrook network ID and password. | Information Services Help Desk can be contacted at ext. 4159 or by opening a ticket via the intranet.    External Line: 416-480-4159 | 24/7 Options:   * Second Cup open 23hrs a day (closed 3 a.m. to 4 a.m.) with assorted beverages, baked goods, and fresh foods (cold sandwiches, salads, and cut vegetables and fruits). * PizzaForno automated pizza vending machine at M-ground.     Other Options:   * Among others, Swiss Chalet, Extreme Pita, Pizza Pizza, and PurBlendz are open into the evening. | No designated drop-off location available. Learners must meet the delivery at arranged location. | Residents may contact [pg.meded@sunnybrook.ca](mailto:pg.meded@sunnybrook.ca) for access to the dedicated lactation room.    Learners can also access the facilities supported by the Breastfeeding Clinic by visiting M5-203 or contacting 416-480-5900. | The following quiet spaces are available for prayer, reflection, meditation, reading and worship:   * Veterans Chapel or Main Chapel (with Blessed Sacrament Chapel) * Synagogue/Jewish Chapel * Muslim Prayer Room (with Women’s Prayer Section) * All of the above are located near the McLaughlin Auditorium in E-Wing. | Most hospital washrooms are gender neutral |
| Surrey Place | Trainees are provided with individual log-in. | IT support can be accessed through <https://launch.surreyplace.ca/>  The Help Desk line is (416) 925-5141 X4357 [HELP] | 24/7 Options:  Not applicable. [Surrey Place](https://www.surreyplace.ca/i-am-a-professional/) provides day services only and is closed nights and weekends.  Other Options:  TBD | No designated drop-off location available. | We have comfortable and private space that can be used to accommodate these requests when made. Resident should make the request to the supervising physician at the start of their time with us, but arrangements for the accommodation will be made whenever the request is received. | Available on request. | Floors 1 and 3 |
| Trillium Health Partners: Credit Valley | THP implemented a free guest wireless network called **THP\_Patient\_WiFi**.  Anyone (Patients, staff, learners etc.) can access it by searching for the available wireless network and selecting THP\_Patient\_WiFi.  No password is required.  A separate Staff Wifi is provided for THP-issued devices by Information Services. | 24/7 IT support via the Information Services helpdesk.    Email: [ISServicedesk@thp.ca](mailto:ISServicedesk@thp.ca)  Telephone External: 905-813-4357 (HELP) or Internal: 4357 (HELP)  Hours of Operation: 24 hours a day, every day | 24/7 Options:   * Tim Hortons   Other Options:   * Pita Lite - 11:00 a.m. to 7:30 p.m., 7 days/week * Fusia Asian Kitchen - Monday to Friday - 11:00 a.m. to 7:30 p.m. * Pumpernickel's - Monday to Friday - 7:00 a.m. to 7:00 p.m. | No designated drop-off location available.  Pick up from any of the main entrances. | Infant feeding room: H block entrance, beside small Tim Hortons entrance. | Credit Valley Hospital: The Meditation & Prayer Room - 2F2552 is located on the main level diagonally across from Shop at The Valley (Gift Shop). |  |
| Trillium Health Partners: Mississauga Hospital | THP implemented a free guest wireless network called **THP\_Patient\_WiFi**.  Anyone (Patients, staff, learners etc.) can access it by searching for the available wireless network and selecting THP\_Patient\_WiFi.  No password is required.  A separate Staff Wifi is provided for THP-issued devices by Information Services. | 24/7 IT support via the Information Services helpdesk.    Email: [ISServicedesk@thp.ca](mailto:ISServicedesk@thp.ca)  Telephone External: 905-813-4357 (HELP) or Internal: 4357 (HELP)  Hours of Operation: 24 hours a day, every day | 24/7 Options:   * Tim Hortons   Other Options:   * Pumpernickels - Monday to Friday - 7:00 a.m. to 7:00 p.m. * Pita land - Monday to Friday - 8:30 a.m. to 6:00 p.m. | No designated drop-off location available.  Pick up from any of the main entrances. | Quiet Room on the Main Floor, towards the B elevators past the Pharmacy | Main Floor beside the B elevator near the Pharmacy (Arch number M – 1108) |  |
| Unity Health: St Joseph’s Healthcare Centre | Staff WIFI:  UNITY\_PRIME  Login and password same as hospital IT system login and password. | * Student Centre * Helpdesk:   (416) 864-5751  [helpdesk@unityhealth.to](mailto:helpdesk@unityhealth.to) | 24/7 Options:   * Food vending machines in the cafeteria area (these machines are stocked with cold salads and re-heatable packaged hot entrees. All of their items have ingredients and nutritional listings).   Other Options:   * St. Joe’s has a fantastic cafeteria, offering delicious and freshly made food. You can find daily menus on the shared N:/ drive under Everyone -> Lakeside Café or call the Lakeside Cafe hotline at: x2433 (CHEF)   + Hours: Monday to Friday 7:30am-3:30pm (but is usually open by 7:15am)   + Saturday and Sunday (11:00am-3:00pm)   + Statutory holidays \*closed\* * Second Cup (open, 6am – 11pm, Monday – Sunday) | No designated drop-off location available. | Call rooms can be temporarily assigned; students are asked to contact the Student Centre so that a space can be secured. | 2nd floor Morrow wing, inpatient unit, room 2M-20 | The student Centre and call room areas all gender neutral washrooms. There are single stall/gender neutral washrooms also available throughout the hospitals. |
| Unity Health: St Michael’s Hospital | Staff WIFI:  UNITY\_PRIME  Login and password same as hospital IT system login and password. | * Student Centre * Helpdesk:   (416) 864-5751  [helpdesk@unityhealth.to](mailto:helpdesk@unityhealth.to) | 24/7 Options:   * Food vending machines 1st fl PGT area (these machines are stocked with cold salads and re-heatable packaged hot entrees. All of their items have ingredients and nutritional listings).   Other Options:   * Cafeteria (Marketeria) is located on the 6th floor of the Cardinal Carter Wing (Monday-Friday 6:30am – 9:30pm). * MARKETERIA: Grill Station M-F 11AM-7PM; 8AM-4PM Weekends * Tim Horton’s Coffee is located within the Marketeria and on the 1st floor of the Peter Gilgan Tower. Monday to Friday, 7 am to 11 pm, 8AM-4PM weekends * Second Cup Coffee is located at the B1 Queen St. Entrance, 24/7 M-F; 6AM-midnight on weekends * Starbucks and Subway are available in the lobby of the Li Ka Shing building Monday- Friday from 7:30am – 6:00pm. * Subway: Monday to Friday, 9 am to 7 pm; Saturday, 11 am to 6 pm; Sunday, closed | No designated drop-off location available. | The room is in 2-Bond, room 304. There is a keypad to enter and the code and it can be obtained from the Student Centre. | Multi-faith prayer room located on 3 Bond- next to the Chapel | The student Centre and call room areas all gender neutral washrooms. There are single stall/gender neutral washrooms also available throughout the hospitals. |
| Unity Health: Providence | Staff WIFI:  UNITY\_PRIME  Login and password same as hospital IT system login and password. | * Student Centre * Helpdesk:   (416) 864-5751  [helpdesk@unityhealth.to](mailto:helpdesk@unityhealth.to) | 24/7 Options:  TBD  Other Options:   * Tim Hortons (open Monday to Sunday, 6:30 am to 7 pm) | No designated drop-off location available. | Students are asked to call the Student Centre to arrange a space - can be temporarily arranged as need arises . | B wing, 2nd floor, room B-204 | The student Centre and call room areas all gender neutral washrooms. There are single stall/gender neutral washrooms also available throughout the hospitals. |
| University Health Network: Princess Margaret | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  [help@uhn.ca](mailto:help@uhn.ca) or x4357(HELP) | 24/7 Options   * Robo Café: 24/7 coffee option * Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.     Other Options:  (Monday to Friday)   * Pinto Market (8am - 6:00pm) * Starbucks (6am - 8pm) * Tim Hortons (6am - 6:30pm) * Real Fruit Bubble Tea (10am - 6:30pm) | No designated drop-off location available.  Speak to your programs/supervisors for advice. | 620 University (7-902) No badge access required. | PM Multi-Faith Space -- M-909 PMCRT Prayer Room --4 -504 | Yes but location(s) not specified |
| University Health Network: Toronto General | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  [help@uhn.ca](mailto:help@uhn.ca) or x4357(HELP) | 24/7 Options   * Robo Café: 24/7 coffee option * Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.   Other Options:   * Food court is open during the day (hours vary by vendor) including healthy options. * See full breakdown of hours of operation [here](https://utoronto.sharepoint.com/:w:/r/sites/001T_MEDPGMEAccreditationTeam/Shared%20Documents/Orientation%202023%20-%20Site%20Survey%20(WiFi%20and%20Healthy%20Food%20Options)/2023%20Follow%20Up%20for%20July%201/Site%20Attachments/Completed%20Forms/Toronto%20General%20Hospital%20-%20Food%20Options.docx?d=we8809c995faf41868ea1994f79bf0d71&csf=1&web=1&e=735x8W). | No designated drop-off location available.  Speak to your programs/supervisors for advice. | * Wellness Centre-Norman Urquhart 1-168 - Mon to Fri 8am-4pm. For after hrs call in advance 416 340-4800 x4486 for access instructions * TGH: 1EN-428 | TG Multi-Faith Space 1 Norman Urquhart (beside Patient Education Library) TG Musalla Prayer Room 1 Gerrard w-557 | Yes but location(s) not specified |
| University Health Network: Toronto Rehab - Bickle | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  help@uhn.ca or x4357(HELP) | 24/7 Options   * Robo Café: 24/7 coffee option * Kitchen Mate: offering 24/7 lunch, and dinner.   Other Options:   * Food available for purchase at the Gift Shop * Food truck set up outside during the day. | No designated drop-off location available.  Speak to your programs/supervisors for advice. | TRI-Bickle: S0209C | Prayer Room: N210 | Yes but location(s) not specified |
| University Health Network: Toronto Rehab – Lyndhurst | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  help@uhn.ca or x4357(HELP) | 24/7 Options   * Robo Café: 24/7 coffee option * Kitchen Mate: offering 24/7 lunch, and dinner.   Other Options:   * Food options available at Holland Bloorview (5 minute walk from Lyndhurst) * Tim Hortons at Holland Bloorview- Mon-Fri from 7:30am-4:30pm Sat/Sun 9am-2pm * Vending Machines (outside cafeteria) - fresh food, coffee, juices, pop, snacks | No designated drop-off location available.  Speak to your programs/supervisors for advice. | TRI-Lyndhurst: B13A | Prayer Room: 1st-Floor Room 194 | Yes but location(s) not specified |
| University Health Network: Toronto Rehab - Rumsey *Neuro & Cardiac* | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  help@uhn.ca or x4357(HELP) | 24/7 Options  N/A  Other Options:   * Food options available at Holland Bloorview (Across from Rumsey) * Tim Hortons at Holland Bloorview- Mon-Fri from 7:30am-4:30pm Sat/Sun 9am-2pm * Cafeteria 11:30-1:30 pm (Mon-Fri) Vending Machines (outside cafeteria) - fresh food, coffee, juices, pop, snacks | No designated drop-off location available.  Speak to your programs/supervisors for advice. | * TRI Rumsey: 128 | None available. | Yes but location(s) not specified |
| University Health Network: Toronto Rehab - UC | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  help@uhn.ca or x4357(HELP) | 24/7 Options  N/A  Other Options:   * Druxy’s Deli (7am-5pm) Monday-Friday | No designated drop-off location available.  Speak to your programs/supervisors for advice. | * 10th floor, Room 10-154-3 | Prayer Room: 6-204 | Yes but location(s) not specified |
| University Health Network: Toronto Western | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7)  [help@uhn.ca](mailto:help@uhn.ca) or x4357(HELP) | 24/7 Options   * Robo Café: 24/7 coffee option * Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.     Other Options:   * Asian Gourmet (11:30am - 6:30pm) * Booster Juice (11am - 4pm) * Druxy's (7am - 5:30pm) * Pizza/Jerk Chicken (10am - 6pm) * Mix It Up (7am - 6pm) * Mr. Sub (10am - 4:30pm) * Second Cup (6:30 am - 4pm) * The Bagel Stop (6:30am - 7pm) * Edo Sushi (11am - 6pm) * Tim Hortons (6am - 11pm) | No designated drop-off location available.  Speak to your programs/supervisors for advice. | 3 West Wing 435 Education Dept. Email: [Medicaleducation@uhn.ca](mailto:Medicaleducation@uhn.ca) to set up badge access | TW Multi-Faith Space -7 Fell Pav.-800 TW Musalla Prayer Room - 4 Fell Pav.-108 | Yes but location(s) not specified |
| West Park Healthcare Centre | Staff Wi-Fi  WPHC Secure  P/W: No Password Required, Wi-Fi connects automatically | IT helpdesk (24/7 via email and phone, in-person during the day)  [helpdesk@hd.westpark.org](mailto:helpdesk@hd.westpark.org)  416-243-3600 x34357, or Medical Affairs | 24/7 Options:  Not applicable.  Other Options:  Food items change daily; available from 8am-2pm | Front Lobby – staff must meet food delivery person in lobby. | No dedicated lactation rooms however, there are “private and protected spaces” residents could use for expressing:  **Staff lounge** – 2A-132  **Medical Trainee Lounge** – Ruddy Building – RI-25 passcode: 2468\* | Main Level |  |
| William Osler Health System: Brampton Civic Hospital | Physician WIFI:  WOHS-Physician SSID  Security setting: WPA2  Password will be provided during hospital registration. | IS support is available at x56222 or [isservicedesk@williamoslerhs.ca](mailto:isservicedesk@williamoslerhs.ca)  **Staffed:**  Monday to Friday, 07:00 – 24:00  Weekends and Statutory holidays, 08:00-16:00  On-call:  Weekdays, 00:00 - 07:00  Weekends and Statutory holidays, 16:00 – 08:00  \* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:   * **Tim Hortons kiosk;** Location: main level, in cafeteria; Coffee, Full Tim Hortons menu and express meal alternatives from cafeteria available after hours including fruits, vegetables, salads etc. * **Physician’s Lounge;** Location: South Building, 3rd floor, beside leaf elevators; Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge   Other Options:   * **Cafeteria**; Location: main level, south building. The cafeteria offers a wide range of fresh cooked meal and snack options. Open 7:30 a.m. - 4:30 p.m. on weekdays (closed on weekends and holidays) * **Tim Hortons kiosks;** Location: All kiosks are on the main level * North building, Entrance B :Hot and cold beverages and pastries only. Open 8:00 a.m. - 3:00 p.m. on weekdays (closed on weekends and holidays) * North Building, Entrance A: Hot and cold beverages and pastries; Express meal alternatives from cafeteria available; Open 8:00 a.m. - 3:00 p.m. on weekdays (closed on weekends and holidays) | No designated drop off area available. | Location: Main Level Secure, private lactation room beside cafeteria | 2nd floor beside Leaf elevators | All over including the new learner centre |
| William Osler Health System: Etobicoke General Hospital | Physician WIFI:  WOHS-Physician SSID  Security setting: WPA2  Password will be provided during hospital registration. | IS support is available at x56222 or [isservicedesk@williamoslerhs.ca](mailto:isservicedesk@williamoslerhs.ca)  **Staffed:**  Monday to Friday, 07:00 – 24:00  Weekends and Statutory holidays, 08:00-16:00  On-call:  Weekdays, 00:00 - 07:00  Weekends and Statutory holidays, 16:00 – 08:00  \* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:   * **Tim Hortons kiosk;** Location: main level, just past the lobby elevators * Coffee and express meal alternatives * **Physicians Lounge;** Location: 3012-3A   Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge.  Other Options   * **Café;** Location: main level, near atrium * The Grill: open 7:30 a.m. – 10:30 a.m., 11:30 a.m. – 5:00 p.m. on weekdays (closed weekends and holidays) * Subway sandwich station: open 11:30 a.m. – 5:00 p.m. on weekdays (closed weekends and holidays) * Starbucks: open 7:30 a.m. - 4:00 p.m. on weekdays (closed weekends and holidays) | No designated drop off area available. | Main Level, Rm. 1670  Location: in the link hallway between the old lobby and new atrium, beside Foundation Office. | Main Level, Rm. 2006  Location: near entrance to day surgery | All over including the new learner centre |
| William Osler Health System: Peel Memorial | Physician WIFI:  WOHS-Physician SSID  Security setting: WPA2  Password will be provided during hospital registration. | IS support is available at x56222 or [isservicedesk@williamoslerhs.ca](mailto:isservicedesk@williamoslerhs.ca)  **Staffed:**  Monday to Friday, 07:00 – 24:00  Weekends and Statutory holidays, 08:00-16:00  On-call:  Weekdays, 00:00 - 07:00  Weekends and Statutory holidays, 16:00 – 08:00  \* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:   * Vending machines available with drinks and snacks   Physicians Lounge  Location: 2nd floor   * Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge   Other Options:   * Cafeteria open until 11pm, seven days/week. Food options include hot entrees, soups, salads, sandwiches, and baked goods. | No designated drop off area available. | Not available. | Level 2, near elevators and Spiritual Health Therapy offices | All over including the new learner centre |
| Waypoint Centre for Mental Health | Guest WIFI for personal devices: **Guest WIFI** Individualized login name and password provided when requested through IT Waypoint issued devices will have automatic access to the Waypoint staff WIFI | WIFI and other IT Support is available through the IT Support Desk at x 4636 or [itsupportdesk@waypointcentre.ca](mailto:itsupportdesk@waypointcentre.ca) | 24/7 Options:  Vending machines available with  drinks and snacks.  Other Options:  [The Bay Café](https://www.waypointcentre.ca/patients___families/visiting_a_patient) is open for breakfast and lunch Monday through Friday serving a variety of hot food choices, a salad bar and daily soup options. We also offer two canteen outlets, one in the Administration Building and one in the Atrium Building for your convenience. As the hours vary in both sites, it is recommended you speak with the treatment team. | Switchboard Desk - Atrium Building Lobby | Medical staff lounge: a completely secure and private space only available to our physician team. The space has swipe and key access and is fully capable of supporting the private and comfortable environment required for a lactation space for our residents. Other private locations can be made available upon request | Atrium Building - AT-1634 | They are located all throughout the hospital |
| Women's College Hospital | Guest Wifi for personal devices:  **WC\_Guest**  Password: **WomensCollege** | IT Service Desk is available  8:00 am - 5:30 pm Monday to Friday, excluding Holiday.  Contact Service Desk at 416-323-6400 ext. 4357 (H-E-L-P) or [ServiceDesk@wchospital.ca](mailto:ServiceDesk@wchospital.ca) | 24/7 Options:  Not applicable.  Other Options:  When on-site, learners can access healthy food options before 6 pm Monday to Friday.   * La Prep | 7 a.m. to 5 p.m. * Extreme Pita | 7 a.m. to 6 p.m. * Jugo Juice | 7 a.m. to 6 p.m. * Sushi Shop |10 a.m. to 6 p.m. * Thai Express |10 a.m. to 6 p.m. | No designated drop-off location available. | Room 1420, on the main floor beside the stairway | Room 1414 Prayer room equipped with a foot wash sink Room 1415 the Labyrinth; Both open to all patients, visitors, staff and volunteers as a quiet room for reflection and prayer. |  |