



PARO

The Professional Association of Residents of Ontario (PARO)

Who Are We

The Professional Association of Residents of Ontario is the official representative voice for Ontario's doctors in training. PARO's priority is to advocate on behalf of its members, addressing professional and educational concerns in order to optimize the training and working experience of Ontario's newest doctors thus ensuring that patients receive the best possible medical care.

Members of PARO are, by definition, post-graduate medical residents training in accredited programs which lead to certification by either the Royal College of Physicians and Surgeons of Canada (RCPSC) or the College of Family Physicians of Canada (CFPC), in one of their recognized specialty or subspecialty programs.

One of PARO's primary functions is to negotiate the Collective Agreement, which outlines the terms and conditions of your employment. The current PARO-CAHO Collective Agreement can be found at myparo.ca and we encourage that you take a look. Did you know, for example, that you're entitled to a "floating holiday" in which you can request a holiday any day you choose? This and more can be found in "Starting Residency" on the PARO website. It also includes information on how you get paid, call stipends and your benefits/insurance.

Interested in Getting Involved?

PARO is comprised of resident representatives from across the province, based on proportional representation distributed among 22 Electoral Groups. General Council representatives bring the voice of their resident constituents to General Council as PARO sets its policy and direction for the year.

Elections for a new General Council are held in July via an online election process. We encourage you to consider participating in PARO. An e-blast will be sent out detailing nomination information and key dates.

We'd love to see you get involved!

Your PARO Team

Need Us? Reach Us:

Phone: 416.979.1182

Email: paro@paroteam.ca