



PARO

The Professional Association of Residents of Ontario (PARO)

Who Are We

The Professional Association of Residents of Ontario is the official representative voice for Ontario's doctors in training. PARO's priority is to advocate on behalf of its members, addressing professional and educational concerns in order to optimize the training and working experience of Ontario's newest doctors thus ensuring that patients receive the best possible medical care.

Members of PARO are, by definition, post-graduate medical residents training in accredited programs which lead to certification by either the Royal College of Physicians and Surgeons of Canada (RCPSC) or the College of Family Physicians of Canada (CFPC), in one of their recognized specialty or subspecialty programs.

One of PARO's primary functions is to negotiate the Collective Agreement, which outlines the terms and conditions of your employment. The current PARO-OTH Collective Agreement can be found at myparo.ca and we encourage you to take a look. Did you know, for example, that you're entitled to four weeks of vacation? Even more useful information can be found in the "Starting Residency" section on the PARO website, including information on how you get paid, call stipends and your benefits/insurance.

Interested in Getting Involved?

Each summer, residents elect 100 representatives from across the province to act as their voice on PARO's General Council. General Council representatives bring the voice of their resident constituents to PARO to set policy and direction for the year.

Elections are held in July via an online election process. We encourage you to consider submitting your name for election. An e-blast will be sent out detailing nomination information and key dates.

We'd love to see you get involved!

Your PARO Team

Need Us? Reach Us:

Email: paro@paroteam.ca